

BASKETBALL MOUTHGUARD GUIDELINES

MIAA Handbook Rule 66.1

Mouth guards are ***highly recommended*** for all basketball players while on the court.

Basketball Mouth Protector Rule:

It is highly recommended that all players wear mouth protectors that cover all molars as well as front teeth.

- Mouth protectors should be worn in all practices and games. This includes pre-season scrimmages, jamborees as well as the state tournament.
- Mouth protectors are recommended for all participants at **all** levels of interscholastic competition (Freshman, Junior Varsity, Varsity).
- There is no color requirement for mouth protectors.
- Mouth guards **cannot be modified** in any way and must be worn exactly as supplied and fitted as recommended by the manufacturer or doctor. (This includes the addition of markings on the mouth guards or physically modifying them in any way by an athlete or other individual.)

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